

BMI for Lap Band

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For those not familiar with Lap Band surgery, the procedure reworks the stomach to help decrease the amount of food consumption you absorb.

One of the first items that you and your doctor would discuss at a consultation would be your body mass index (BMI).

The National Institutes of Health (NIH) established BMI requirements more than a decade ago. According to the NIH, Lap Band surgery is best suited for someone who has a BMI greater than 40 or has a BMI of 35 to 39 coupled with major medical problems (co-morbid conditions) like type 2 diabetes, hypertension, or high cholesterol.

TopSurgeons will do a BMI as low as 27 as an off label use of an FDA approved product.

Patients who are morbidly obese are more likely to have a higher potential for health-related problems, so Lap Band surgery can not only change their life in a cosmetic manner, but can be a life-saving procedure to add years to one's life.